



# Cycling Shoe Size Estimates in Comparison To Foot Length & Width

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Foot Size		Width			Shoe Manufacturers Size Comparison					
Centimetres	Euro	Narrow	Average	Wide	SiDi	Mavic	NorthWave	Bontrager	Shimano	Lake
					N, A	N, A	A, W	A	A	A, W
	34.5				35					
	35				36					
21.7	35.5				36.5		34		36	
22.2	36				37		35	36	37	
22.7	36.5	<20	20-22	>22	38	36	36	36.5	37/38	
23.1	37				38.5	36.5		37	38	37
23.5	38	<21	21-23	>23	39	37	37	37.5	39	
23.9	38.5	<21.5	21.5-23	>23	39.5/40	37.5		38	39/40	38
24.1	39	<21.7	21.7-23	>23	40.5	38	38	38.5	40	
24.4	40	<22	22-23.3	>23.3	41	38.5	39	39	40/41	39
25.4	41	<23	23-24.2	>24.2	41.5	39		40	41	40
25.7	41.5	<23	23-24.5	>24.5	42/42.5	40	40	42	42	
26	42	<23	23-24.5	>24.5	43	41	41	42.5	42/43	41
26.7	42.5	<23.7	24-25	>25	43.5	42		43	43	42
27	43	<24	24-25.3	>25.3	44/44.5	42.5	42	43	44	
27.3	43.5				45	43	43	44	44/45	43
27.9	44	<24.3	24.5-26	>26	45.5	44		45	45	44
28.3	44.5	<24.7	24.7-26	>26	46	44.5	44	46	46	
28.6	45	<25	25-26.5	>26.5	46.5/47	45	45	46	46/47/47	45
29.4	45.5	<25.5	25.5-27	>27	47.5		46	47	48	46
30.2	46	<26	26-27.5	>27.5	48		47	48		47
31	47	<26.5	26.5-28	>28	48.5		48	49		
32	48	<27.5	27.5-29	>29	49					